## Let me begin with an important question, "In whom do you trust?"

Living in a world where things are so uncertain and in constant uproar, it is important that a person has a secure foundation. For too many their foundation of faith and assurance simply rests on their own abilities. The thought that enough money and personal smarts will meet the needs of the hour appears to be the source of confidence for most people.

The Psalmist would declare, "In thee, O Lord, do I put my trust: let me never be put to confusion." (Psalm 71:1) In a time of challenge and crisis the Psalmist knew that he had in the Lord a rock and a fortress. The result of trusting in the Lord would bring to the Psalmist both hope and strength.

As our world continues its downward spiral, we need something or someone to cling to for safety and security. Would it not be wise to look to Jesus in times like these? Jesus alone can meet our needs no matter what those needs might be. Will you not put your faith and trust in the One who knows all things and can do all things? With God all things are possible so why not look to him as your rock of hope and fortress of strength?

As we look out across the different crisis and challenges of this life let us do as the Psalmist declares in Psalm 56:3 -

## "What time I am afraid, I will trust in thee."